



St Mark's College

EDUCATION AND TRAINING PROGRAM 2019

Background

Building on our existing initiatives for 2019, St Mark's will implement an evidence-based education strategy as part of the College's Action Plan for Cultural Renewal.

The training and education program is part of a College-wide approach endorsed by all levels of leadership and includes mutually reinforcing messages.

The education and training program will ensure that there are multiple training methodologies and mechanisms to deliver education and training to students to ensure they have the skills and knowledge to cultivate a sense of responsibility, inclusion, respect to themselves and one another. Training will be delivered over a continuum throughout the year to ensure that skills are developed and knowledge retained over time.

Measurement of Success

The aims and purpose of our education and training program is to ensure that all students:

- Possess a practical understanding of College policies and their translation to practice
- Clearly understand consent and what it means to be an active and ethical bystander
- Encourage and promote a culture where it is safe to report
- Ensure a trauma informed and victim centred approach to any and all disclosures and reports
- Promote healthy and respectful relationships

Program delivery

Programs will be delivered by experts, staff and peer to peer using a range of methods including:

- Face to face
- On-line training
- Small groups, larger groups and one on one training
- Role plays
- Case studies
- Narrative pedagogy.

Evaluation

All education and training strategies will be evaluated using both qualitative and quantitative methods to ensure they meet the changing needs and expectations of our students and the wider community.

EDUCATION AND TRAINING STRATEGY AND PROGRAM: November/December 2018 and full year 2019

TOPIC	FACILITATOR / INFO	TRAINING TIME
Ethical leadership		
Student leaders	Leading Teams , Performance Improvement Program <ul style="list-style-type: none"> - Leadership responsibility - Values-based leadership 	Leadership Week Juky
Policies and Procedures		
All students	College Policies and Procedures <ul style="list-style-type: none"> - Where to go for support (internal and external), reporting - College Handbook - Expectations of behaviour and conduct 	Leadership Week Welcome Week Student contract Ongoing throughout the year
Mental Health and wellbeing		
Student leaders	Mental Health First Aid, <i>Mrs Catherine McCarthy</i> <ul style="list-style-type: none"> - Mental Health concerns and signs - Supporting someone with a mental illness 	Leadership Week Refresher in Pre-Welcome Week Refresher in Re-Welcome Week (July)
	Healthy Minds , <i>Dr Tom Nehmy</i> <ul style="list-style-type: none"> - Wellbeing wheel - How to live a balanced life, self-care for leaders - How to respond to and understand emotions 	Pre-Welcome Week
	Neaves and Menne , <i>Mr Aaron Neaves</i> <ul style="list-style-type: none"> - Referral process, mental health plans - Support from a Psychologist - Common concerns of a uni student 	Pre-Welcome Week
	Baptist Care SA, <i>Ms Vicky Legge</i> Supporting others with mental health issues <ul style="list-style-type: none"> - The effect of language and stigma - Supporting others whilst empowering their self-help - Your self-care 	Pre-Welcome Week
First year students	Headspace <ul style="list-style-type: none"> - What is mental health - Support services 	Welcome Week
All students	Wellbeing marketplace	Week 1

	<ul style="list-style-type: none"> - Headspace - ShineSA - Yarrow Place - Adelaide City Council - Local sport teams - + other local support services and businesses 	
All students – semester II	Healthy Minds, <i>Dr Tom Nehmy</i> <ul style="list-style-type: none"> - Wellbeing wheel - How to live a balanced life - How to respond to and understand emotions 	July
All students – Semester II	Batyr workshop “Being Herd” <ul style="list-style-type: none"> - What is mental ill health - Available support services both internal and external to College - Lived experience speaker 	March and July
Alcohol and Drug Education		
Student leaders	ADES Drug and Alcohol Workshop <ul style="list-style-type: none"> - Establishing a healthy culture around alcohol - Responsible Service and Responsible drinking - Drugs and their impact on the student and wider community - Looking after your friends 	Leadership Week
	Responsible Service of Alcohol Certificate (online) <ul style="list-style-type: none"> - All Committee - All RAs - SCR student members and staff - Charitable Foundation - JCR Curators 	Summer break (online)
Committee and event volunteers	Marksensfest training – <i>Trojan Security</i> <ul style="list-style-type: none"> - How to practice RSA - Communication with security - Risk Management 	October
First year students	ADES Drug and Alcohol workshop <ul style="list-style-type: none"> - Understanding of BAC and personal limits, impact of alcohol - Looking after your friends - The impact of drugs and alcohol (BAC) 	Welcome Week
All students	Guest speakers about wellbeing, alcohol and drugs	Throughout year

	Red Frogs <ul style="list-style-type: none"> - Safe partying - Looking after your mates 	Welcome Week
Bystander intervention and gender equity		
Student leaders	Yarrow Place 'R&R responding to disclosures' workshop	Pre-Welcome Week
All students	MATE Bystander Intervention workshop <ul style="list-style-type: none"> - What it means to be an ethical bystander - Gender stereotypes - Inclusive language 	Welcome Week and refresher in July
	Guest speakers about gender equality, women in leadership, unconscious bias	Throughout year
Child Safe Environments		
All student leaders	Child Protection Policy <ul style="list-style-type: none"> - Underage students Reporting and support services	Leadership Week and Pre-Welcome Week
All student leaders and staff with direct student contact	DCSI screening	Summer break
Staff with direct student contact	National Police clearance	Prior to commencement of employment
Consent / Respectful Relationships		
All student leaders	Yarrow Place 'Recognise and Respond' workshop <ul style="list-style-type: none"> - <i>Recognising and responding to disclosures of rape and sexual assault</i> - <i>Ethical bystander theories and practice.</i> 	Pre-Welcome Week <i>Public courses throughout the year, all students encouraged to attend</i>
All student leaders	Consent Matters	Prior to Welcome Week
Student leaders	Ally Network, University of Adelaide <ul style="list-style-type: none"> - LGBTQI inclusion and events - Unconscious bias 	Monthly courses at the University of Adelaide
All students	Yarrow Place workshop, <i>Ms Jane Haley</i> <ul style="list-style-type: none"> - Sexual assault and harassment - Consent and respectful relations - Reporting and responding - Support services 	Welcome Week
	In Your Skin – healthy relationships and sexuality education <ul style="list-style-type: none"> - Consent - Healthy relationships 	Welcome Week

	- Language and bystander responsibility	
All students	Consent Matters (online)	Prior to Welcome Week
Sexual Health		
First year students	ShineSA information included in Welcome Bags <ul style="list-style-type: none"> - Sexual health - Resources and support services 	Welcome Week
All students – term 2	Equity Officers to coordinate Clinic 275 visits during term	
Social media		
First year students	College Social Media policy outline	Welcome Week
Emergency First Aid		
Student leaders	Provide Emergency First Aid	Leadership Week and Pre-Welcome Week
Child Safe Environments		
All student leaders	Child Protection Policy <ul style="list-style-type: none"> - Underage students - Reporting and support services 	Leadership Week and Pre-Welcome Week
	DCSI screening	Prior to Welcome Week

References

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- Universities Australia** (2018), *Students at the Centre: New Guidelines for University Responses to Sexual Harassment and Sexual Assault*, https://www.universitiesaustralia.edu.au/Media-and-Events/mediareleases/Students-at-the-centre--new-guidelines-for-university-responses-to-sexual-harassment-and-sexualassault#.W1_wkxuKUI (accessed 31 July 2018).
- Universities Australia** 2017 Respect. Now. Always 10 point Action Plan
- Universities Australia** 2018 Guidelines for University Responses to Sexual Harassment and Sexual Assault
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- University Colleges Australia** (2018) Respectful Relations Framework